

**VIRTUAL
WEBINAR**
May 8, 2025
12:00 PM – 1:00 PM
Register today!



Mental Health Awareness Month

How to Respond to a Crisis



This presentation focuses on understanding the crisis mindset, discussing techniques to de-escalate an angry, sad or anxious individual and learning about the different crisis resources. LeAnne Huff is the Crisis Administrator with the Utah Department of Health and Human Services, Office of Substance Use and Mental Health (DHHS, SUMH). She promotes behavioral health integration, early intervention and recovery as well as monitors the statewide Mobile Crisis Outreach Teams (MCOT).

For any questions email leahlobato@utah.gov

